

Kids Grading Questions

Parents and kids be aware. This questions sheet is a supplement created by Mr Martin. It is not sanctioned by the TAGB. The full and complete theory is in the **official blue handbook**. Mr Martin's Blackbelts asking questions in the grading should ask questions from this sheet. **However**, there may be Black Belts or instructors from other clubs present and asking questions. They are within their rights to ask questions from the Handbook that are pertinent to the grade being taken but are not included on this sheet. **However** (again), knowing this sheet thoroughly up to and including the grade being taken should give the student enough to pass the grading. If you do not like this or your youngster has the time and inclination to learn the full theory from the Handbook, please buy one and do so.

All Korean is pronounced as it is written. Where it isn't clear, I've put the pronunciation in brackets after the word.

10th kup white belt

- **TaeKwondo** means "the way of the foot and hand"
- **What is the name and grade of your instructor?** Mr. Russ Martin 5th Dan
- **1-10 in Korean is** – Hanna, Dool, Set, Net, Dasaul, Yasaul, Ilgop, Yodoll, Ahop, Yoll. Said as it is written.
- **The meaning of white belt is** "Innocence" or "Starting to learn TaeKwonDo".
- **What does "sajo jirugi mean"?** Four directional punch. So...
- **What is the Korean for punch?** – jirugi.
- **What is the Korean for stance?** – soggi.
- **What is the Korean for block?** – makgi.
- **What is the Korean for kick?** – chaggi.
- **What is the TaeKwonDo suit called?**- a dobok
- **What are the tenets of TaeKwonDo?** – courtesy, integrity, perseverance, self control and indomitable spirit
- **What is the room or hall that we learn TaeKwonDo in called?** – a dojang

9th kup white belt – yellow stripe

- **'Chon-Ji'** means "Heaven and Earth", it is the first pattern and has 19 moves.
- **TAGB** stands for "TaeKwondo Association of Great Britain"
- **What is the Korean for walking stance?** – Gunnun soggi.
- **What is the Korean for sitting stance** – Annun soggi.
- **What is the Korean for L stance** – Niunja soggi (Nai-unja soggi)
- **What is the Korean for front kick?** – Ap chaggi.
- **What is the Korean for knifehand strike?** – Sonkal Taerigi
- **What is the Korean for rising block?** – Chookyo Makgi



8th kup yellow belt

- **The meaning of yellow belt is:** "The earth, where plants grow, like my TaeKwonDo skills are starting to grow".
- **Pattern – 'Dan Gun'** was the founder of Korea and the pattern has 21 moves.
- **And for kids nine and over: What is three-step sparring?**
An exercise to help distance (how far away from who you are fighting) and timing (striking or blocking at the right time). In Korean it is called Sambo Matsoki.
- **The three sections of the body are** – low section is Najunde (Najunday). Middle section is Kaunde (Kawoonday). High section is Napunde (Nopoonday).
- **What is the Korean for turning kick?** – Dollyo chaggi.
- **What is the Korean for twin forearm block?** Sang Palmok makgi

7th kup yellow belt green stripe

- **Pattern – 'Do San'** is the nickname of Ahn Ch'ang Ho (pronounced – Ann Chang Hoh).
- **For kids under 10:** He spent his life making his country better to live in.
- **For older kids:** He spent his life helping Korean Schools and helping get Korea free from its Japanese rulers.
- **For all kids:** Do San has 24 moves.
- **What is the Korean for side kick?** – Yop chaggi.
- **What is the Korean for wedging block?** – hetcho makgi
- **What is the Korean for back fist strike?** – Dung joomuk taerigi (tie-reegee).
- **What is the Korean for straight spearfinger thrust?** Sun sonkut tulgi

6th kup green belt

- **The meaning of green belt is** “green, like a plant that grows like your TaeKwon-Do skills are growing”.
- **Pattern – “Won Hyo”** was a monk who took Buddhism to Korea. Buddhism is a religion.
- **Won Hyo** has 28 moves.
- **What is the Korean for circular block?** – Dollyo makgi.
- **What is the Korean for bending stance?** – Goburyo soggi
- **What is the Korean for fixed stance?** – Gojong soggi
- **What is the Korean for side punch?** – Yop jirugi



5th kup green belt blue stripe

- **Pattern - ‘Yul Gok’** is the nickname of a great thinker and teacher.
- **Yul Gok** has 38 moves.
- **What is the Korean for elbow strike?** – Palkup taerigi (tie-reegee).
- **What is the Korean for double forearm block?** – Doo palmok makgi
- **What is the Korean for hooking block?** – Golcho makgi
- **What is two step sparring?** – It is like three step sparring but it is harder because there are many different attacks. It still helps your distance and timing. It is a bit like doing a pattern but there are two people doing it at the same time. In Korean it is called Ibo (Eye-bow) Matsoki.

4th kup blue belt

- **Pattern – ‘Joong Gun’** was a man who was executed (killed) in prison for killing someone who was an enemy of his country. He did it to help his country to become free from its enemy.
- **Joong Gun** has 32 moves, his age when he died.
- **Kicks – Which part of the foot do you use to hit with –**
- **For side kick?** The little toe side of the foot. For older kids – it is called the foot sword, in Korean, the bakkal.
- **For turning kick?** The ball of the foot, in Korean, the ap kumchi
- **For front snap kick?** the ball of the foot, ap kumchi
- **What is the Korean for turning punch?** Dollyo Jirugi
- **What is the Korean for twin upset punch?** Sang Dwijibo Jirugi
- **What is the Korean for u shaped block?** Digutcha (Digootcha) Makgi
- **What is the Korean for pressing block?** Noollo Makgi
- **What is the Korean for low stance?** Natcho Soggi

3rd kup blue belt red stripe

- **Pattern – ‘Toi – Gye’** is the nickname of Yee Rang, a great scholar and philosopher.
- **Toi Gye** has 37 moves, and the diagram of the pattern makes the Korean symbol for ‘Scholar’
- **What is the Korean for upset spearfinger strike?** Dwijibun (Dweejeebun) sonkut taerigi (tie-reegee)
- **What is the Korean for W shaped block?** San Makgi
- **What is the Korean for One Step Sparring?** Ilbo (Illbow) Matsoki
- **What is the Korean for Upper Elbow Strike (like you do in Choong Gun)?** Wee Palkup taerigi (tie-reegee)

After third kup blue belt red stripe the young student needs to learn the same as the adults, to prepare them for their black belt grading. This includes all of the stuff from white belt up. Hopefully they are now old enough to tackle this. There is an audiotope available to help with this as well as the classic handbook.

